

TRICARE Europe

Release

"Your passport to quality health"

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Transitional Health Care for Separated Reserve Component Members & Their Families

Reserve Component members separated from active duty after serving in support of a contingency operation for a period of more than 30 days are eligible for transitional health care benefits upon separation.

Reserve Component family members are also eligible for the same level of transitional health care benefits as provided to eligible service members (with the exception of dental benefits, which are available under the TRICARE Dental Program to eligible members).

The Transitional Assistance Management Program (TAMP) allows eligible beneficiaries to continue receiving the TRICARE benefit for 60 or 120 days after the member's separation date, depending on length of active duty service.

- If the service member served less than six years total active federal military service, he/she may receive the TRICARE benefit for 60 days after the separation date.
- If the service member served for six years or more total active federal military service, he/she may receive the TRICARE benefit for 120 days after the separation date.

Individuals who are no longer eligible for TRICARE are also eligible for temporary health insurance under the Continued Health Care Benefits Program (CHCBP). CHCBP is not part of TRICARE but provides similar benefits. To obtain this coverage, you must enroll in CHCBP within 60 days after separation from active duty or loss of eligibility for military health care. The premiums for

this coverage are \$933 per quarter for individuals and \$1,996 per quarter for families. The CHCBP enrollment form is available at www.tricare.osd.mil/reserve.

For more information about these programs, beneficiaries may contact the Worldwide TRICARE Information Center toll free at 1-888-DOD-CARE (1-888-363-2273) or visit TRICARE on the web at www.tricare.osd.mil/reserve. Reserve Component members in Europe, Africa, or the Middle East may contact TRICARE Europe at DSN 496-6347 or commercial 00-49-6302-67-6347 (06302-67-6347 within Germany).

To determine eligibility for Transitional Health Care Benefits, Reserve Component members should contact a personnel representative in their individual service branch.

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